

NEWS RELEASE

April 20, 2016

TSX Venture Exchange symbol: NCX

NORTHISLE COPPER AND GOLD INC. ANNOUNCES DEBT SETTLEMENT

Vancouver, B.C. – Northisle Copper and Gold Inc. announces that it has entered into a debt settlement agreement with a major creditor pursuant to which a \$125,000 of indebtedness is to be satisfied by the issuance of 2,500,000 common shares at a deemed price of \$0.05 per share, subject to regulatory acceptance.

On behalf of Northisle Copper and Gold Inc.

"John McClintock"

John McClintock President, CEO and Director info@northisle.ca

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